

LIVE WELL SOUTH TEES BOARD

A meeting of the Live Well South Tees Board was held on Thursday 12 September 2024.

PRESENT:	M Adams, D Gardner, J Sampson, A Tahmassebi, L Bosomworth, M Davis, K Warnock, C Cooke - Elected Mayor (Co-Chair), Brown (Co-Chair), Earl, J Ryles, Brown, Robson, Short, Swainston and Tovey
OFFICERS:	J McNally
APOLOGIES FOR ABSENCE:	P Neal, C Heaphy, D Gallagher, B Kilmurray, P Rice, M Graham, R Scott, R Harrison, P Storey, Joynes, Z Uddin, P Gavigan, Suthers, J Tynan, Rawson and J Lavan

24/1 WELCOME AND INTRODUCTIONS

The Chair welcomed everyone to the meeting and introductions were made.

24/2 DECLARATIONS OF INTEREST

There were no declarations of interest received at this point in the meeting.

24/3 MINUTES- LIVE WELL SOUTH TEES BOARD - 18 JANUARY 2024

The minutes of the Live Well South Tees Board meeting held on 18 January 2024 were submitted and approved as a correct record.

24/4 SOUTH TEES HEALTH AND WELLBEING STRATEGY

The Director of Public Health South Tees presented the draft South Tees Health and Wellbeing Strategy to the Board.

Members were reminded that the South Tees Health and Wellbeing Board had a statutory duty to produce for their population: a Joint Strategic Needs Assessment (JSNA) and Joint Health and Wellbeing Strategy. The Health and Wellbeing Strategy outlined the Health and Wellbeing Boards aims to improve the health and wellbeing of people in South Tees and reduce health inequalities.

Members were advised that the Strategy aims to:

- Tackle complicated problems which cannot be solved by any single agency.
- Commit a wide range of partners to working together to explore local issues and challenges, agree priorities to respond collaboratively, using collective resources.
- Be informed by the JSNA that uses data, intelligence and evidence to identify the current and future health and social care needs of the population in South Tees.

The vision of the Health and Wellbeing Strategy was to empower the citizens of South Tees to live longer and healthier lives. The strategy was broken down into 3 aims, Start Well, Live Well and Age Well.

Start Well – Children and young people have the best start in life, we want children and young people to grow up in a community that promotes safety, aspiration, resilience and healthy lifestyles.

Live Well – People live healthier and longer lives, we want to improve the quality of life by providing opportunities and support so more people can choose and sustain a healthier lifestyle.

Age Well – More people lead safe and independent lives, we want more people leading independent lives through integrated and sustainable support.

Members heard that there would be a mission led approach to the principles behind the selection of the Live Well missions.

- Important and improving it will contribute to the citizens of South Tees living longer and healthier lives;
- Broad enough to include many areas that would need to feed in to shift the outcome(s);
- Tackles complicated problems which cannot be solved by any single agency;
- Long term solution of many parts required;
- Understandable, particularly by partners;

Each Mission was a response to a significant local challenge, one where innovation, working together and aligning resources had a big part to play in driving large-scale change. Missions cannot be resolved by any single agency acting in isolation.

Start Well

- We will narrow the outcome gap between children growing up in disadvantage and the national average.
- We want to improve education, training and work prospects for young people.
- We will prioritise and improve mental health outcomes for young people.

Live Well

- We will reduce the proportion of our families living in poverty.
- We will create places and systems that promote wellbeing.
- We will support people and communities to build better health.
- We will build an inclusive model of care for people suffering from multiple disadvantage across all partners.

Age Well

- We will promote independence for older people.
- We will ensure everyone has the right to a dignified death.

The Head of Public Health South Tees stated that the draft strategy presented a mission and goal approach to significant challenges across South Tees and had been informed by the development of the Joint Strategic Needs Assessment.

The Live Well South Tees Board were asked to agree the draft Strategy, the process to develop a public facing document and the proposal to deliver the strategy using a mission led approach.

ORDERED: the Live Well South Tees Board agreed to the draft strategy.

HEALTH AND WELLBEING EXECUTIVE ASSURANCE REPORT

The South Tees Integration Programme Manager presented the Health and Wellbeing Executive Assurance report, which provided an update on progress with the delivery of the Board's vision and priorities and assurance that the Board was fulfilling its statutory obligations.

Members were advised that the Better Care Fund (BCF) plans were assured for 2023-25, however the national team required updates for 2024/25 to reflect any changes in expenditure, outline current performance against metrics and review capacity and demand figures.

The BCF 24-25 planning update templates had been circulated to the Board prior to the meeting. The templates were completed jointly by the BCF Implementation and Monitoring Group members and were submitted before the deadline of 10 June 2024 with the approval from the South Tees Health and Wellbeing Executive on behalf of the Live Well South Tees

Board.

Members were asked to note and formally endorse the BCF 24-25 planning update templates for Middlesbrough and Redcar and Cleveland.

ORDERED: the BCF 24-25 planning updates were noted and formally endorsed by the Live Well South Tees Board.

Members were advised that the Terms of Reference (TOR) for the Live Well South Tees Board had been reviewed and updated, the Live Well South Tees Board were asked to consider and endorse the update TOR.

ORDERED: the Live Well South Tees Board endorsed the updated TOR.

The Healthwatch South Tees Update was provided for information only.